



Refreshing the Isle of Wight Health and Care Plan

Monday 14 March 2022

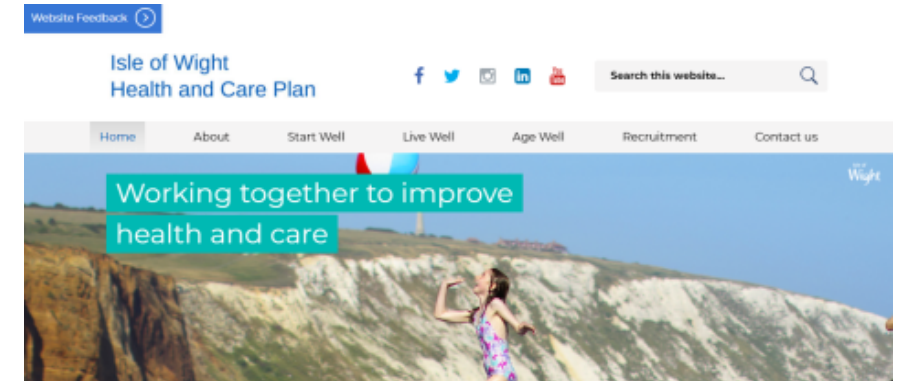
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What is the Isle of Wight Health and Care Plan?

- In 2019 health and care partners on the Isle of Wight came together to set priorities for improving services and outcomes for local residents
- Together we wanted to achieve clinical and financial sustainability of the whole health and care system
- We looked at:
 - New models of care – investing in community services
 - Productivity – making the best use of public money
 - Partnerships – improving services with our partners
- We are now updating the plan and setting new priorities so that health and care services continue to meet the changing needs of our community



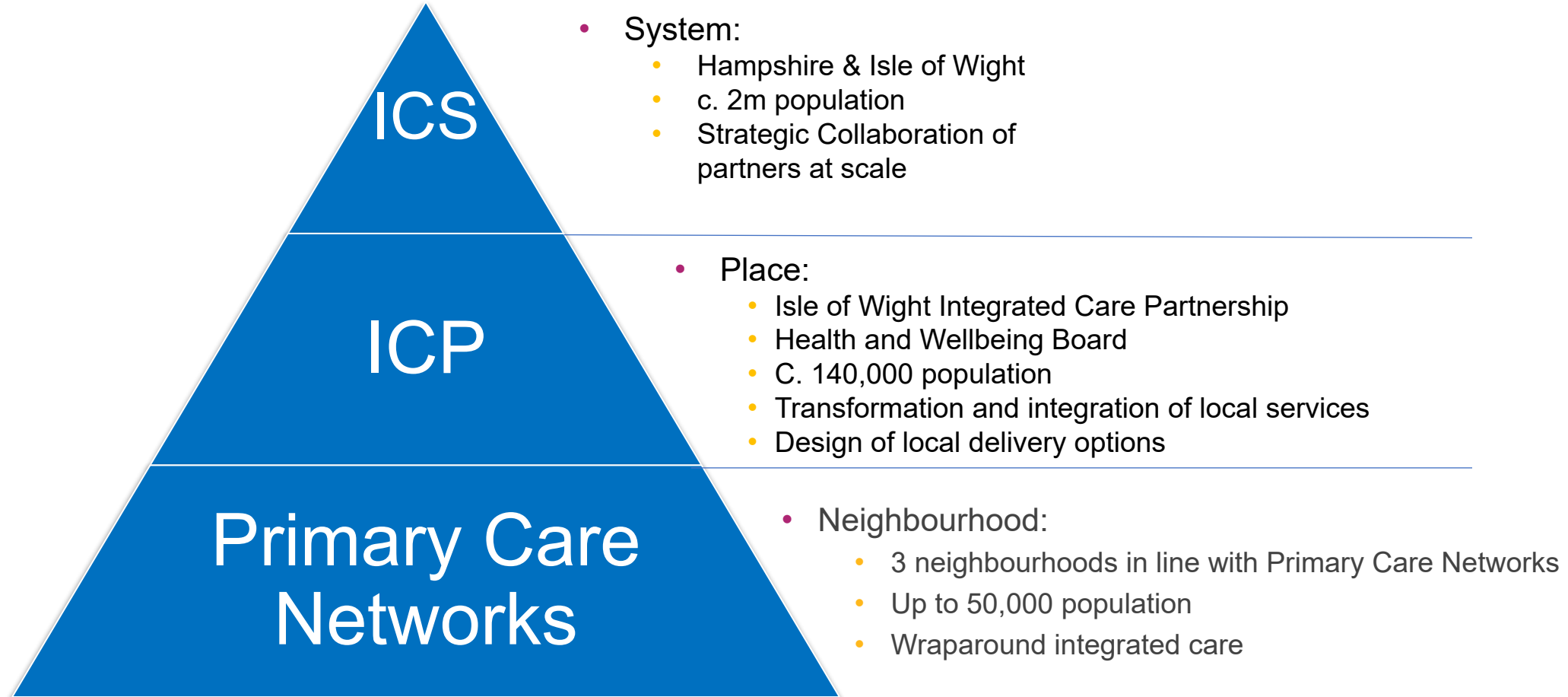
You can find out more about the first Isle of Wight Health and Care Plan online at www.iowhealthandcare.co.uk

Why do we need a new plan?

- With the passage of the Health and Care Bill through Parliament, the NHS is changing around us
- The needs of our community are changing and health and care services need to be able to respond
- We want to continue to improve the services that local people rely on
- This document will help deliver some of the objectives in the Island's Health and Wellbeing Strategy
- Work has started on a new Health and Care Plan and we've already learned a lot



How our systems fit together



What did we achieve?

- Despite COVID-19 many health services improved, highlighted by the Care Quality Commission report rating Isle of Wight NHS Trust as 'Good'
- Reduced reliance on expensive agency staff and recruited more full-time team members
- More people were able to access social care support
- Stroke and cancer services improved
- Mental Health and Learning Disabilities services on the Island improved significantly in partnership with Solent NHS Trust
- Ambulance Services introduced important technology to speed up response times in partnership with South Central Ambulance Service NHS Foundation Trust
- Hospital services became more resilient thanks to our partnership with Portsmouth Hospitals University NHS Trust



What the data tells us...



Covid-19 impact

- Those experiencing Long Covid will present ongoing challenges for health and care systems with increased need for care
- Contracting Covid-19 may result in additional people experiencing long-term medical conditions
- Other lifestyle changes; diet, alcohol and smoking may have impacts for people's ongoing health and care needs
- There may be greater demand on mental health services as a result of the pandemic
- We are likely to face continuing challenges linked to virus mutation with possible consequences for vaccination programmes



An ageing population

- The Isle of Wight has a much older population profile compared to the national average
- Currently, more than **one in four people** in the Isle of Wight are aged over 65 years. By 2028, almost **one in three people** will be over 65 years (IOW Public Health Strategy 2020-2025)
- Overall population is expected to increase by **3.6%** by 2027
- In just 6 years the number of people living on the Island aged between **80-84 years** will have increased by **51.9%**
- The percentage of people aged 65+ living on the Island is expected to increase by **45%** by 2041 compared to 2021
- Birth data show a steady decrease in the number of births and general fertility rate



More people needing support



- People who live on the Isle of Wight live more years in poor health compared to England averages
- Approximately 16,900 residents (12%) across Isle of Wight have moderate or severe frailty and are at higher risk of falls, disability, admission to hospital, or the need for long-term care.
- Approximately 65% of IOW residents aged 65 years+ have 2 or more long term conditions, 32% of those aged 75 or over have 5 or more chronic conditions
- The highest cohort of severe/moderately frail residents are located around care homes on the island
- 7% of the population represents the highest level of complexity and number of longer term conditions and 38% of our spend
- Cancer and circulatory disease account for **over half of the deaths (65%) across Isle of Wight in 2019**

The challenge of long term conditions

- In the most deprived areas there are significantly higher levels of premature deaths, particularly deaths from heart disease and cancer
- 5 locations on the Island are considered to be in the highest risk category for loneliness
- Many factors result in increased need for social care services, such as older age, limited existing support, social isolation, long term medical conditions, and reduced mobility.
- As the Isle of Wight has an ageing population an increase in client numbers is expected due to the higher number of people in these older age groups
- **Of the Top 20 registered Long Term Conditions (e.g. asthma, diabetes, rheumatoid arthritis etc) the Isle of Wight CCG has 17 conditions where the prevalence is higher than England averages.**



Possible areas of focus



- Prevention (of avoidable illnesses) and health inequalities and better access to primary care
- Working with partners to transform services and attract and develop workforce



- Support for frail older people with clear care pathways
- Community support for people with chronic conditions
- Support to help people make healthier lifestyle choices



- Digital support for people to access health and care remotely
- Work with partners to develop opportunities to scale up services
- Tackle social care challenges and provide more care closer to home



- Invest resources to understand impact of Covid-19 on mental health and the elderly
- Partnership work to improve service efficiency (eg in Theatres and Outpatients)

What our community has told us...

What does our community think?

- Before embarking on conversations with the people who use health and care services we wanted to see what we could learn from the engagement work done by our partners
- Undertook a research project supported by a range of public, community and voluntary sector partners. It covers:
 - Healthwatch Isle of Wight:
 - NHS Dental Services
 - Suicide Prevention
 - Intelligence Reports
 - Covid-19 One Year On Survey
 - Annual Islander Priorities Survey
 - Living Well and Early Help survey
 - Youth Trust Mental health surveys
 - IW Community Mental health surveys
 - IWCCG Complaints
 - Friends and Family Test
 - IWC Adult Social Care and Children's Social Care Complaints
 - Patient Experience data
 - GP survey (NHS England)
 - Digital Survey (ICS)
 - Age UKIW Covid-19 impact survey
 - Age UK IW Digital Survey

Key themes – ACCESS

- Access to GP services and face-face & GP appointments
- Access to, cost and disparity of NHS Dental services
- Better access, coordination and support within suicide prevention and support services and tackling media intrusion
- Mainland travel for patients (inc. cancer patients)
- Better access to social care and informal support, improved capacity
- More support for children & young people's mental health
- Communication, values & behaviours from staff to patients, services users and relatives
- Increased support from Children's services and better communication
- Adult mental health support including more 1:1 support
- Access to secondary health services, treatment and drugs



Involving the staff and the public

- Health and Care Conversations held with health staff and hundreds of responses to staff-facing survey
- Plan to launch stakeholder, patient and public engagement
- Feedback will help shape the Health and Care Plan
- Commitment to ongoing engagement with the public



Timeline and next steps

- Triangulate what our data is telling us with the feedback received from our staff, service users and public.
- Develop our priority areas and understand what we can achieve by working together in the next 3 years
- Ensure we align our Island strategies e.g. Health and Wellbeing Strategy
- Launch our Health and Care Plan refresh in May 2022
- Continue to engage with the public to understand what we are doing well and where we need to improve

